

HOT MEAL MENU – W/C 23rd MARCH 2020



WEEK ONE – 23rd MARCH 2020					
	MON	TUE	WED	THU	FRI
OPTION 1	Turkey meatballs with spaghetti & mixed vegetables	Chicken curry, rice, naan bread & salad	Cottage pie & broccoli	BBQ chicken pizza & sweetcorn	Fish fingers, oven chips & peas
OPTION 2	Lentil & sweet potato curry with flat bread & mixed vegetables	Cheese & broccoli quiche & salad	Beany nests & broccoli	Tomato pasta & sweetcorn	Cheese omelette, oven chips & peas
OPTION 3	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad
DESSERT OPTION 1	Homemade Pick and Mix Baked goods	Homemade Chocolate and Raspberry brownies	Homemade Carrot cookies	Homemade Tropical traybake	Variety of yoghurts
DESSERT OPTION 2	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt

WEEK TWO – 30th MARCH 2020				
MON	TUE	WED	THU	FRI
Pork & apple burgers, warm tomato pasta & sweetcorn	Lasagne & mixed vegetables	Toad in the hole, mashed potato & carrots	Chicken fajitas, rice & roasted vegetables	Fish cake Chips Peas Ketchup
Three bean wraps, warm tomato pasta & sweetcorn	Cheese and vegetable crumble & mixed vegetables	Vegetarian toad the hole, mashed potato & carrots	Green bean & potato curry, rice & naan bread	Cheese panini Chips Peas
Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad
Pancakes with a choice of fruit toppings	Blueberry muffin	Homemade Apple Flapjack	Homemade Carrot and banana cake	Homemade Easter nests
Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt

WEEK THREE – 20th APRIL 2020				
MON	TUE	WED	THU	FRI
Chicken taco, rice, salad and coleslaw	KS1 Competition Winner Chicken & Chorizo, Rice, Peas & Peppers	Roast pork, roast potatoes, carrots & gravy	KS2 Competition Winner Chicken tagliatelle, peas & sweetcorn, red & green peppers	Fish cake, chips, peas & ketchup
Lentil & sweet potato curry with flat bread & mixed vegetable	KS1 Competition Winner Tomato & Bean stew, Corn on the cob, Crispy cauliflower nuggets	Vegetable Fritter, Roast potatoes & Carrots	KS2 Competition Winner Chickpea curry, vegetable biriyani, salad & raita	Cheese panini, chips and peas
Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad	Jacket potato with a range of fillings & salad
Variety of yoghurts	Jelly and ice-cream	Homemade fruit shortbread	Mango and ice-cream with strawberry sauce	Variety of yoghurts
Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt	Fruit salad bar with optional yoghurt

Order Form	NAME:	WEEK ONE – 23rd MARCH 2020					NAME:	WEEK TWO – 30th MARCH 2020					NAME:	WEEK THREE – 20th APRIL 2020				
	CLASS:	MON	TUE	WED	THU	FRI	MON	TUE	WED	THU	FRI	MON	TUE	WED	THU	FRI		
	OPTION 1						OPTION 1						OPTION 1					
	OPTION 2						OPTION 2						OPTION 2					
	OPTION 3						OPTION 3						OPTION 3					
	DESSERT OPTION 1						DESSERT OPTION 1						DESSERT OPTION 1					
	DESSERT OPTION 2						DESSERT OPTION 2						DESSERT OPTION 2					

£2.40 per meal (For KS2 only – Y3, Y4, Y5, Y6)

I enclose £..... (Please make cheques payable to The Priory Federation of Academies)

Please return order forms by Wednesday 18th March before 9am (Week 1)

Please return order forms by Wednesday 25th March before 9am (Week 2)

Please return order forms by Wednesday 1st April before 9am (Week 3)